

The International Centre for Research in Human Development

invites TSU undergraduate , MSc and PhD students and lecturers from different academic backgrounds to the **open lecture “The Life of Brian (the Brain)!” by Professor Ashok Jansari** (Psychology Department, Goldsmiths, University of London, UK).

The lecture will tell about the fascinating field of cognitive neuropsychology, functioning of the human brain, dispelling some of the many myths while also revealing some true wonders.

Read more about the lecture

### **The Life of Brian (the Brain)!** **An exploration of the grey noodle....**

Dr Ashok Jansari MA (Cantab), DPhil (Sussex), CPsychol, AFBPsS  
Goldsmiths College, University of London

We can replace hearts, help create babies in vitro & are making great strides in fighting many diseases. Despite this, we know less about the brain than we do about the surface of the moon! And yet, the brain is ubiquitous in society, constantly appearing in news articles, in advertisements for brain-trainers and in debates about how to improve children's brains through education. This talk will take you on a guided tour of the functioning of the human brain, dispelling some of the many myths about the grey stuff while also revealing some true wonders. The fascinating field of cognitive neuropsychology (the study of individuals with brain damage to gain a better understanding of the functioning of the intact brain) will be explored through video examples of patients with very selective disorders. How these findings can help others with brain damage will be shown and the exciting abilities of improving functioning in healthy adults will be described. Finally, in a coming-together of eastern philosophy and neuroscience, the incredible impacts of mindfulness meditation both on the physical body and the brain will be introduced.

**Date: Monday, 19<sup>th</sup> of September 2016, 16. 35 – 18. 10**

**Venue: Tomsk State University, International Centre for Research in Human Development, TSU 4<sup>th</sup> Building (8, Moskovsky Trakt), Room 022.**

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