



National Research
**Tomsk
State
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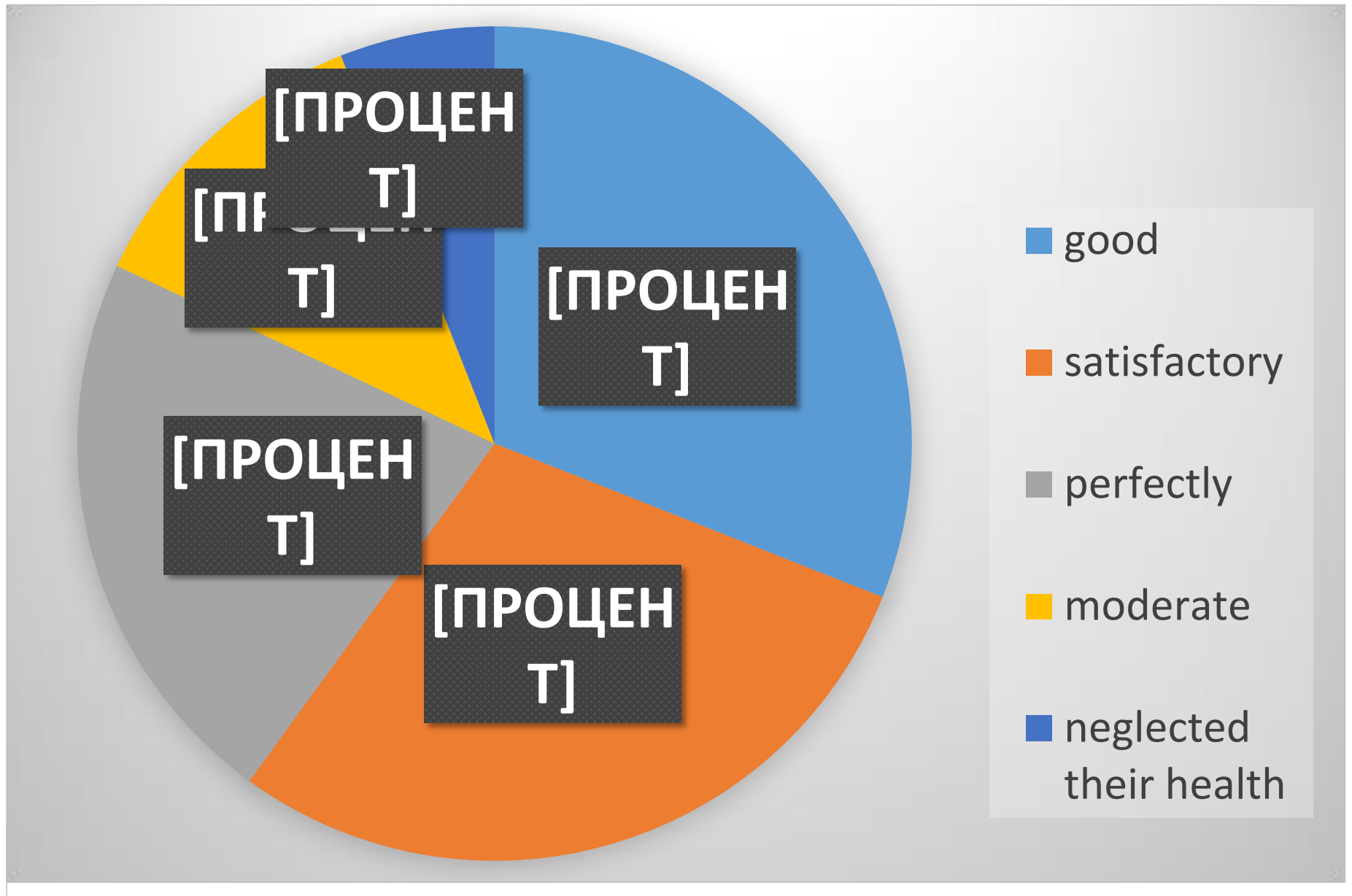
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Features of organization of assistance in the area of health of students and development of values of healthy lifestyle in the students' environment in European and Russian universities

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Questionnaire «Estimation of Healthy Behavior»



The regression and correlation analysis

- 52 % of the general level of health is determined by sleep
- 72 % of second-year students positively estimated their state of health



Euro Health Consumer Index

Holland occupies the first place in five parameters:

- quality of service
- efficiency of service
- access for residents of the country to medical care
- equality of all inhabitants
- inhabitants' state of health



- Medical insurance is important in Holland
- All citizens of the country above 18 years are obliged to buy the health insurance



National electronic medical system



It is important to support various components of health:

➤ physical

➤ spiritual

➤ social



Thank you!



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